



FOR IMMEDIATE RELEASE

15 Years of Celebrating Books, Tea & Wit
at the Creative Arts Workshop
EDIBLE BOOK TEA
April 8, 2018 1-4 pm
Creative Arts Workshop
80 Audubon Street | New Haven, CT 06510

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All Invited To
15 Years of Celebrating Books, Tea & Wit
At the Creative Arts Workshop's Edible Book Tea

Every April, Creative Arts Workshop's (CAW) book binding department (one of eight departments and studios offering visual arts classes) presents the Edible Book Tea, part of a worldwide celebration – the International Edible Book Festival in which "edible books" are created, displayed, and small events are held. Culinary and literary arts come together in delicious offerings, are photographed and then consumed.

The event was initiated in 2000 by Judith A. Hoffberg and Béatrice Coron to commemorate the birthday of French gastronome Jean Anthelme Brillat-Savarin (1755–1826), famous for his book *Physiologie du goût*, a witty meditation on food, though April Fools' Day is also related as "the perfect day to eat your words and play with them as the 'books' are consumed on the day of the event."

Sweet or savory, CAW participants offer up edible "books" or references to a book, theme, character – often with a "punny" title. Visitors need not bring a gustatory offering, but do bring a love of creativity, of food—and of tea. Between 50-100 visitors from all over the Greater New Haven region are expected to join together for tea and breaking bread, to celebrate their love of the culinary, literary and book arts, and the ritual of drinking tea.

Cooks and bakers come from the all over the region to set up their book art for viewing and consumption.

In the past, visitors have brought their own tea. This year, however, tea will generously be provided by Bigelow Tea, who joins as sponsor of the event. "Bringing together two well-loved Connecticut institutions is a wonderful alignment of purpose, mission, and audience," said Anne Coates, executive director of the Creative Arts Workshop. "CAW celebrates local makers of the

highest quality fine and craft arts. As such, Bigelow Tea – so very much associated with pride both of quality and Connecticut – is a perfect partner.”

The Edible Book Tea will be held on Sunday, April 8th at the Creative Arts Workshop in the Hilles Gallery located at 80 Audubon Street in the historic Audubon Arts District in New Haven. No fee or reservations are required, and all are welcome to bring a “book” for display and eating or just their appetites. Special entries from Books and company, Book Trader Café, Caseus, Katalina’s Bakery, and Le Petit Gourmet will also be present. Set up begins at 1 pm. Show opens to the public at 2 pm with free children activities from 2-3 pm. At 3 pm, all “books” will be eaten and enjoyed with Bigelow Tea.

About Creative Arts Workshop

Creative Arts Workshop is a best-in-class visual arts school and center for the arts in New Haven, Connecticut. Through its class and exhibition offerings, CAW has celebrated the visual arts and fine craft through its school and galleries for nearly 57 years. Open to all ages and levels of ability, CAW offers classes, workshops and studio work time in the book arts, drawing & painting, fiber arts, photography, pottery, printing, and sculpture. Not only do students learn a new art form, or refine their practice, but many visual artists create their works for sale in our working studios work. The opportunity for beginners in an art form to work side-by-side with accomplished, important artists is unparalleled.

An anchor institution in New Haven, we add important ingredients to the cultural vitality of downtown, but the whole region. We have a broad reach and appeal, with students coming from more than 60 cities and towns in the state. Under new leadership, our collective vision is to catalyze the vibrancy of the Audubon Arts District and campus by with our offerings:

- galleries that are destinations,
- world-class instruction/classes/workshops 7 days a week, mornings, afternoons and evenings,
- public programming in our galleries and other spaces that engage audiences in both arts appreciation and exploration, but also topical and relevant dialog about arts and culture and their relationship to the city, region, nation, economy, and society,
- a culture and environment that is inclusive, and
- partnerships that are mutually supportive.

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